



Crowe Lake Waterway Association

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2023-2024

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Photo Credit to Heather Lemeiux

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www.clwa.ca

CLWA Summer Speaker Programs June 17 and July 22

The Crowe Lake Waterway Association is pleased to present a new program for our members – a series of presentations on issues and topics that CLWA members have been identified by experts in those issues. It's a chance to hear information, ask questions, and get answers. The first presentation of the Summer Speakers Program will be June 17 at the Marmora Curling Club starting at 10 AM. The second will be July 22, at the same time and place.

On June 17 the scheduled topics and speakers will be:

- An officer from OPP will discuss regulation and policing of the waterways;
- Crowe Valley Conservation Authority will talk about working on shorelines and areas near the lake and the permits required.

On July 22, at the same time and place, the speakers and topics will be:

- A representative from MPAC to talk about our property assessments and taxes;
- A speaker will discuss how we maintain a healthy lake.

CLWA Director Terry Murphy has put together two great programs. The events are free and open to CLWA members and their guests. Coffee and refreshments will be available. Reservations are not required but an RSVP to our email address would be helpful. If you want to submit a question for a speaker, contact CLWA at info@clwa.ca

New Members 2023

Joanne & Garry Cross	River Garden
Debra McCormack	Cook Road
Tom & Lisa McBride	Terrace Road
Cecelia Tuckett & John Findlay	Marblepoint Rd

2023 Calendar

- June 17: Speakers Program
- July 1: Canada Day Boat Parade / Fireworks
- July 22: Speakers Program
- August 12: AGM
- September 2,3, 4: Labour Day Weekend Fishing Derby
- November 1: Deadline for CLWA Photo Contest entries

Summer

Crowe Lake Matters

2023



President's Message - Jim Nichol

We have lots of things planned for CLWA this summer. One event a month starting in June and through to Labour Day Weekend. Our inaugural event in the Speakers Program is in June. Then Canada Day and the Boat Parade and Fireworks. Then a second program in July. That's a busy July. The AGM is in August, and we end the summer with the Labour Day Weekend Fishing Derby for CLWA Members. Quite a lineup.

Our membership renewal effort started in April and is coming along nicely. If you haven't renewed it yet, please do it now. If you need a membership renewal form, go to the CLWA website, or send us an email and we'll send you one. Same goes for somebody who might want to join. You probably have seen the new 2023 CLWA Member signs put up by our volunteer Sign Captains. A veteran Sign Captain, Glenn Caverly, has decided to share the fun and Curt Farrell will take over for him. Thanks, Glenn, for all

the years of effort for CLWA.

We continue to stress boating safety and being safe on the waterways. Our marker buoys were in the water before the May long-week. The newsletter has some advice about boating and how not to drown. One of the subjects of our first Speakers Program is boating from the OPP perspective. We want you to be safe.

If you have an interest in being on the Board or working with any of our CLWA programs, let us know. We are still looking for somebody to be involved in our social media programs. Several Board Members are looking for a little help. We can find something for you, no problem. Or come to us with a new idea. CLWA is your organization, and we need to hear from you and have you involved.

Like the picture on page 1 says - We Love It Here, so have a great summer!

Lighted Boat Parade and Fireworks on the Lake July 1st

by Bill Neill

Boat Parade at 8:30 PM
Fireworks at Dusk
Rain Date Sunday July 2

The World Famous CLWA Lighted Boat Parade features boats of all types and sizes decorated with many flags, a great variety of lights, signs, music and people having a great time celebrating Canada Day. The parade route covers the entire lake, forming at the Blairton Lighthouse at approximately 8:30 PM and proceeding along both shores doing a circle by Bayview Park. It ends at Stoney Island to watch magnificent fireworks at dusk.

The Fireworks on the Lake starts at dusk from two barges anchored near Stoney Island. About 500 fireworks shells are set off electronically and create a light show lasting 12 to 15 minutes. The pyrotechnics are fired off by trained and certified experts. We are still having troubles getting fireworks. Many come from China and are still backlogged on shipping. We are searching for other suppliers and are confident we will have a

great show.

The world's greatest Lighted Boat Parade and Fireworks are sponsored by the Crowe Lake Waterway Association and funded by the generosity of our membership.

2023 AGM Agenda

When:
Saturday, August 12 9 AM to Noon

Where:
Marmora Curling Club, Crawford Street next to the Arena

What:
Committee Reports, Election of Officers and Directors. Refreshments

Summer

Have You Renewed Yet?

2023

OPP Security Advice from Cottage Life, May 2023



[Editor Note: This is a little personal. Someone stole a boat off my property, so I've been thinking about this recently. Best advice is good neighbors, which I have. - Ritch Smith]

"Our best advice for cottagers is to install cameras over the winter and to fortify buildings where possible," says Catherine Yarmel with Killaloe OPP. "But it's also good to have a watchful,

helpful neighbour to look after your cottage while you're away, and to tell local residents when you are leaving." The OPP also urge cottagers not to leave valuables on their properties over the winter, and to do mid-winter checks of their cottages. You can also sign up for the OPP's SafeGuard Ontario Property Security Program at Ontario Provincial Police - SafeGuard Ontario Property Security Program (opp.ca).

Marmora's New Lending Library

Thank you to the Community Policing Advisory Committee and Central Hastings School students for commissioning, building and providing new lending libraries for the communities within Hastings County who are serviced by the Centre Hastings OPP detachment! Thank you, also, to the Marmora Public Library for helping to fill Marmora's box with books. It is located along the walking path in the Memorial Park. Residents are encouraged to take a book and leave one in return!



Councillor Jane Lakatos, Centre Hastings OPP Sgt Keon Bernier, Marmora Library CEO Kathy Farrell, Marmora Library Board Chair Rene Young, and S/Sgt Jim Locke are pictured beside Marmora's new lending library box.

Mouse Trap Tips: Cottage Life, Dockside DIY

1. Don't handle the trap with bare hands. Mice can detect the faintest human trace. Wear gloves when handling the trap and bait.
2. Mice don't really like cheese. Peanut butter and hazelnut spread are much yummier to mice.
3. Try cotton balls, yarn and twine as bait. Mice will scavenge them for nests.
4. Go easy on the bait. Too much and the trap might not spring. A pea-sized amount will do.
5. Mice keep to the baseboards. Place traps perpendicular to the wall with the bait facing in.
6. Set all your traps the first night. Odds of success fall off as the mice get used to the traps. These tips also apply to live traps. Just remember to release the mouse far far from your home.

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Summer

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2023



Bird Feeder Food Suggestions

The Cornell Lab Birds Canada, Project FeederWatch

BLACK-OIL SUNFLOWER SEEDS

The most common type of seed offered at feeders in North America is black-oil sunflower seed. This small sunflower seed is high in energy and has thin shells, making it the preferred food item for a wide variety of birds. Black-oil sunflower is among the favorite feeder foods of cardinals, chickadees, finches, and sparrows. Woodpeckers even consume these seeds on occasion.

MEALWORMS

Mealworms are the larvae of the mealworm beetle, *Tenebrio molitor*, and they provide a high protein treat for many birds. Some people feed live mealworms while others prefer offering dried larvae (both forms are commercially available). Birds like chickadees, titmice, wrens, and nuthatches relish this food and mealworms are one of the only food items that reliably attract bluebirds. Offer mealworms on a flat tray or in a specialized mealworm feeder (available at many specialty bird feeding stores).

GRIT

Birds "chew" their food in the muscular part of their stomach, the gizzard. To aid in the grinding, birds swallow small, hard materials...

...such as sand, small pebbles, ground eggshells, and ground oyster shells. Grit, therefore, attracts many birds as a food supplement or even by itself. Oyster and eggshells have the added benefit of being a good source of calcium, something birds need during egg laying. If you decide to provide eggshells, be sure to sterilize them first. You can boil them for 10 minutes or heat them in an oven (20 minutes at 250 degrees). Let the eggshells cool; then crush them into pieces about the size of sunflower seeds. Offer the eggshell in a dish or low platform feeder.

Say Prunes Instead Of Cheese

Photographers have relied on the magic of cheese for decades, but photographers used to have people say Prunes. Prunes to get people to tighten their lips instead of cheese to get a smile. Prunes or Cheese – take a picture and send it to the CLWA Photo Contest at info@clwa.ca

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Summer

Do Something Nice for Someone

2023

5 Safety Tips for Boating at the Cottage



BY COTTAGE LIFE,
APRIL 28, 2014, JUNE 12, 2022

Here are 5 tips you should follow when you're out on the water at the cottage this summer and every summer:

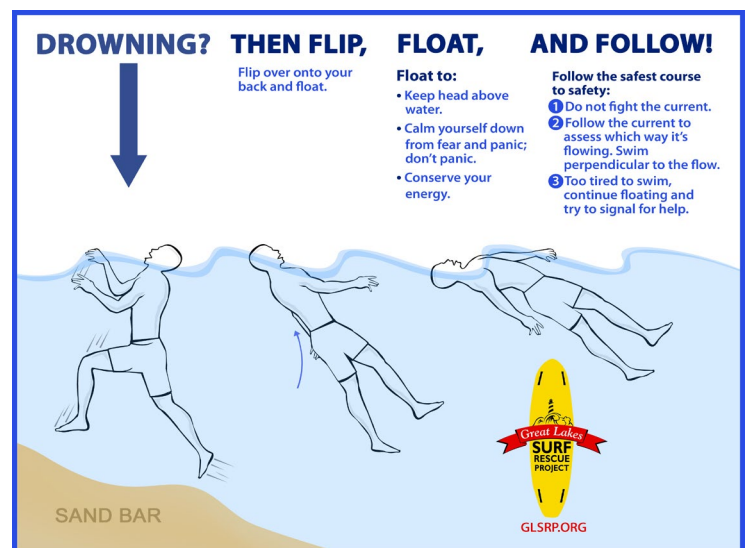
1. Make sure your papers are in order. If you don't already have one, get yourself a Pleasure Craft Operator Card (PCOC). It's Federal law to carry this card if you operate any powered watercraft in Canada—regardless of engine size or length of the boat. For more powerful boats (10 horsepower or more) your boat should have a Pleasure Craft License, which is kind of like your car's licence plate. (For more information contact the Boating Safety Infoline at 1-800-267-6687)

2. Give your boat the once over. The condition of your boat and what's in it are two things that shouldn't be ignored. Before your boat hits the water, check it over to ensure it's in perfect working order. Check any lights, look for damage or cracks, and make sure the plugs are in before you put your boat in the water.

3. Be prepared. Make sure you've also got safety equipment on board that's easily accessible and in good working order. Keep an emergency preparedness kit on board that includes items such as a change of clothes, drinking water, snacks, a first aid kit, extra fuel, basic tools, and spare parts.

4. Strap on some protection. When you're finally out on the water, always wear a lifejacket or personal flotation device (PFD). Not wearing one could cost you your life. 90 per cent of boaters who die in accidents were not wearing a life jacket. If you're knocked unconscious in a boating accident, knowing how to swim won't save you.

5. Don't cruise and booze. Ever. Not only is it illegal, but alcohol can also have more of an effect on your reaction time if you've been out on the water and in the sun. In most provinces, you can also lose your driver's licence if convicted of operating a boat while impaired. You should treat the waterways like a roadway and boat courteously. And if you see someone you think is impaired out on the water, call 911. You could be saving a life.



FOCA Encourages PFD Wear

Over the last 12 years of OPP marine unit statistics, of the 289 boaters who have died on the water, 88% of them were not wearing a PFD (personal floatation device), and more than 85% were in vessels shorter than 6 metres in length. As part of making the boating experience safer, FOCA has long encouraged everyone to wear a PFD when on the water, as have our colleagues at the Lifesaving Society, Canadian Safe Boating Council, Boating Ontario, the Ontario Provincial Police and others.

Summer

Stay Safe!

2023



2023 Municipality of Marmora and Lake Budget

By Jane Lakatos

As a first time Councillor, I attended the Budget meeting in March of 2023. After several meetings to assemble a Draft Budget, we were now in a position to sit down collectively and decide what was to be the Final Budget for 2023.

The Municipality is responsible for providing a wide variety of services. The Municipality is able to provide these services by collecting taxes from rate payers. These services are covered by the Tax Levy portion of the taxes collected. The Municipality also collects taxes on behalf Hastings County and the Province of Ontario for Education. The County and Education rates are not set by the Municipality.

For the 2023 Budget, the annual Municipal tax levy increase is 8.54%. Using an assessment of \$166,000, which is the Municipal average per MPAC, this is an increase of \$107.20.

Taxes have increased for many Municipalities and Marmora and Lake is no exception. With rising costs such as insurance, maintenance and supply services and wages, the Municipality is tasked with meeting these costs. While looking at the daily costs, the Municipality must also look at building/ maintaining its reserve, and maintain its AMP (asset management plan).

In summary and as displayed on Page 10 of the Municipality of Marmora and Lake 2023 Final Budget, the total tax levy is \$5,375,423, with 94% (or \$5,048,778) going to operations, and 6% (or \$326,645) going to capital.

For a full Budget report, visit the Municipality's website. <https://marmoraandlake.ca/budget>

Sign Captains - Glenn Caverly To Curt Farrell

Every year we rely on Jerry and Rosemary Pascoe, Bill Neill, Tom O'Neill, Tim Black, Dave Green, Glenn Caverly for the Membership Sign installation. This year, after many years, Glenn Caverly has decided to retire and handover his screwdriver and map to Curt Farrell. We thank Glenn for his long service to CLWA in this and many other roles.

Sunsets

People find sunrises and sunsets to be the most beautiful and awe-inspiring weather, according to a study published in the Journal of Environmental Psychology this year from a pair of British researchers. Sunsets are the biggest group of pictures we receive every year for the CLWA Photo Contest. We have included in this newsletter a few of the sunset photos received over the years.



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Pic Credit, Peter Ayres 2018

Summer

Get Involved!

2023

Marker Buoys Placed For Safe Boating



[You may notice that this is a practically word-for-word copy of the article last year. That's because Jeff is so dependable, and because this is an important part of the CLWA Program for our members and the waterfront community.]



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Jeff Alderson has placed about 42 marker buoys on the lake and river in time for the May long weekend. Boaters are reminded to use caution around the markers and to stay at least 50 feet from them. Boaters should also be very cautious, especially at night, for floating debris and the floating bulrushes. If you have brake rotors or bleach bottles for Jeff, contact us by email at info@clwa.ca.

Disclaimer: The Crowe Lake Waterway Association (CLWA) assumes no responsibility for the accuracy or completeness of these or other hazard markers. Their installation and maintenance are solely an assist to safe boating. Boaters are still required to exercise caution in respect to water depth and unforeseen hazards.

2023 Membership Renewals

Renewal requests were mailed in April and our Sign Captain team started putting up the 2023 Membership Signs in May. Do we have your renewal yet? The 2023 Membership Form is on the CLWA website www.clwa.ca if you need one. If you sent your payment by e-transfer, we would appreciate it if you would also send in the Membership Form if there were a change to your address or email.

Guardian

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Summer

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2023



Nature's Benefits

By Allyson Chiu Washington Post, August 5, 2022 [edited for length]

Nature can affect human well-being in many more ways than you think.

A study reviewing hundreds of scientific papers identified more than 200 unique links through which nature can affect our lives. After reviewing hundreds of scientific papers on “cultural ecosystem services,” or the nonmaterial benefits of nature, researchers have identified 227 unique pathways through which people’s interactions with nature can positively or negatively affect well-being, according to a paper published Friday in the peer-reviewed journal Science Advances.

The paper is believed to be the first of its kind to provide a comprehensive framework for understanding and quantifying the complex ways in which people and nature are connected. And its findings could have significant real-world implications, said Lam Thi Mai Huynh, the paper’s lead author and a doctoral candidate at the University of Tokyo.

“For the modernized world, people tend to disconnect from nature,” she said. “For ecosystem management, the best solution, the most sustainable solution, is to connect people back to nature and let the local people be the ones who help to maintain and manage the ecosystem services.”

Researchers found that the highest positive contributions were seen in mental and physical health. Recreation, tourism and aesthetic value appeared to have the greatest impact on human health through the “regenerative” mechanism or experiencing restorative effects from being in nature such as stress relief, according to the paper. Meanwhile, the highest negative effects are linked to mental health through the “destructive” mechanism, or direct damages associated with the degradation or loss of cultural ecosystem services, the researchers wrote.



Photo Credit, Nick Stempkowski 2012



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Photo Credit, Karen Callery 2017

Summer

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2023

Turtle Guardian Volunteer Opportunities



[On Earth Day, we received the following from The Land Between Charity about volunteer openings in their Turtle Guardians program.]

Our programs run from approximately the middle of May to the end of September. Volunteers can participate at any age, from almost anywhere in the province, for as much or as little time as desired. Free training is provided prior to starting volunteer work.

We have four main programs for which we are currently recruiting volunteers. A description of each program, and more information about what is involved in volunteering with Turtle Guardians can be found on our website. This year we are specifically

looking for volunteers interested in the Nest Sitters program. Participants in this program are extremely helpful to Turtle Guardians staff as we navigate our busy season. These volunteers get a unique opportunity to help turtles during a very vulnerable time in their lives. For more information and to register for a program, please visit our website: <https://www.turtleguardians.com/volunteering/>



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Go Take a Photo For the Contest!

2023



In Your Dreams

What is dreaming?

Dreaming is a period of mental activity that happens while you're sleeping. A dream is a scenic, sensory experience involving images and sounds and occasionally smells or tastes. Dreams can even transmit sensations of pleasure or pain. Sometimes a dream follows a narrative storyline, and sometimes it's made up of seemingly random images.

Most people dream for around 2 hours every night. At one time, sleep researchers thought people dreamed only during rapid eye movement (REM) sleep, a period of deep sleep during which the body carries out important restorative processes. But more recent research has shown that people dream in other stages of sleep, too.

Are there really common dreams or themes?

Yes, certain themes do appear to recur in people's dreams. Countless studies and interviews have explored the subject of dream content, and the results show:

1. You dream in first person.
2. Bits of your lived experience make up the dream, including your concerns and current events.
3. Your dreams don't always unfold in logical sequences.
4. Your dreams often involve strong emotions.

In one 2018 analysis of over 1,200 nightmares, researchers found that bad dreams usually involved being threatened or chased, or loved ones being hurt, killed, or endangered. You might not be surprised to learn that monsters show up in children's nightmares, but it's interesting to note that monsters and animals still show up in bad

dreams well into the teenage years.

Do animals dream?

Any pet owner who has watched the paws of a sleeping dog or cat seem to chase or flee would answer this question with a firm yes. Sleep researchers agree, at least as far as most mammals are concerned.

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2023



Honey Never Expires



Honey is often credited as a multiuse wonder, known to soothe sore throats, heal burns, and add a little sweetness to drinks and desserts. But if a bottle in the back of your pantry has been collecting dust, you might be wondering if it's safe to eat. Don't worry: As long as it's stored properly, honey will never expire. Honey has an endless shelf life, as proven by the archaeologists who unsealed King Tut's tomb in 1923 and found containers of honey within it. After performing a not-so-scientific taste test, researchers reported the 3,000-year-old honey still tasted sweet.

Honey's preservative properties have a lot to do with how little water it contains. Some 80% of honey is made up of sugar, with only 18% being water. Having so little moisture makes it difficult for bacteria and microorganisms to survive. Honey is also so thick, little oxygen can penetrate — another barrier to bacteria's growth. Plus, the substance is extremely acidic, thanks to a special enzyme

in bee stomachs called glucose oxidase. When mixed with nectar to make honey, the enzyme produces gluconic acid and hydrogen peroxide, by-products that lower the sweetener's pH level and kill off bacteria.



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Summer

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2023



Experts predict a price drop for Canadian cottage regions in 2023

BY ANDREW CRUICKSHANK Cottage Life:
APRIL 12, 2023

After two years of soaring cottage prices, the real estate market is starting to stabilize. In its Spring Recreational Property Report, Royal LePage forecasted a 4.5 per cent dip in cottage prices across the country in 2023, dropping the

aggregate price from \$619,900 to \$592,005.

“General consumer inflation combined with a severe lack of inventory has dampened sales activity. Buyers who are active in today’s market appear willing to wait for the right property—a sharp contrast to what

we experienced during the pandemic,” said Phil Soper, president and CEO of Royal LePage, in the report. But despite the market stabilizing, buying a cottage is still expensive. Across the country, prices remain 32 per cent higher than pre-pandemic levels.

Cottages in Ontario: In 2022, the aggregate price of a waterfront property in Ontario increased by 8.9 per cent to \$1,006,600, compared to 2021. Southern Georgian Bay was the most expensive region with a 7.1 per cent price increase to \$1.5 million, followed by Orillia, which saw a 22.4 per cent increase to \$1,377,000, and then Muskoka, which saw a 15.7 per cent decrease to \$1,062,500. Muskoka’s price drop may be indicative of a more significant trend. According to a Royal LePage survey of Ontario realtors, 52 per cent of respondents reported less demand this year than last year. The entire province is forecasted to see a five per cent decrease in recreational property prices.

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